

Evolution of the Effectiveness of Permethrin and Trimethoprim/Sulfamethoxazole on *Pediculosis Capitis* and some Bacteria Isolated from its Complication

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Abstract:

Background: Head lice infestation caused by *Pediculus humanus var. Capitis*, is the most prevalent human ectoparasitic disease worldwide, head lice are haematophagous, frequent among children 3-11 years. Traditional pharmacological therapies, have focused on 1 or 2 courses of various ovicidal and pediculicidal topical therapies.

Objectives: To compare the effectiveness of permethrin and trimethoprim/sulfamethoxazole on 1 or 2 courses of various ovicidal and pediculicidal topical therapies.

Methods; Seventy five females patients with *pediculosis capitis*, their ages ranged from 3 to 60 years. In 40 patients the pediculosis was complicated by secondary bacterial infection. The patients were divided in to three groups, Group 1 :-The patients were treated by 5% permethrin solution. Group 2 :-Was treated by trimethoprim /sulfamethoxazole tablet or solution according to the age. Group 3:- Was treated by combination of 5% permethrin solution and oral trimethoprim /sulfamethoxazole. Swabs were taken from patients with bacterial infection.

Results: The study revealed that 23(92%) patients of the first group, was cleared, 20(80%) patients from the second group, also cleared and all the patients in the third group 25(100%). Of those who were complicated by secondary bacterial infection 40(60%), 30(75%) the cultures show bacterial growth. The cultures which were tested by 5% permethrin shows no inhibition zone but those cultures which were tested by trimethoprim /sulphamethoxazol shows significant inhibition zone.

Conclusion: It was concluded that permethrin was ineffective as antibacterial agent but it was highly effective as pediculocidal agent and it was more effective when combined with oral trimethoprim/ sulfamethoxazole.

Keywords: *pediculosis capitis*, trimethoprim /sulfamethoxazol, permethrin, *Staphylococcus aureus*, *Streptococcus pyogenes*.

Introduction

Head lice infestation caused by *Pediculus humanus var. Capitis*, is the most prevalent human ectoparasitic disease worldwide, head lice are haematophagous, wingless insects belonging to the order Anoplura. Head lice infestation is particularly frequent among children 3-11 stigmatization and psychological distress⁽¹⁾. Traditional pharmacological therapies for the human head louse, *Pediculus humanus var. Capitis*, have focused on 1 or 2 courses of various ovicidal and pediculicidal topical therapies. Head lice, within the past 20 years, have developed resistance to nearly all first-line pharmacotherapy in the United State⁽²⁾. The American Academy of Pediatrics recommends permethrin 1% as first-line treatment for head lice, a medicine for which resistance in the United States is extensively documented^(3,4,5). Head lice infestations are not merely a nuisance. Untreated infection can lead to poor sleep and excoriation, which can occasionally become super infected with methicillin-resistant *Staphylococcus aureus* (MRSA) or *Streptococcus*⁽⁶⁾. It is estimated that pharmacotherapy alone for head lice infestations costs the US economy up to \$240 million per year. Estimates for combined direct and indirect costs may be as high as \$1 billion per year⁽⁷⁾. Therapeutic option includes:- Lindane (γ-benzene hex chloride) non competitively in habits the γ-amino butyric acid (GABA) receptor, which typically binds

GABA, an inhibitory neurotransmitter⁽⁸⁾. Pyrethrins are natural compounds originating from *Chrysanthemum cinerariaefolium*, pyrethrins are the insecticidal component of pyrethrums,⁽⁹⁾. They affect voltage-gated sodium channels, causing delayed depolarization of the neuron⁽¹⁰⁾. Like lindane, these insecticides paralyze the louse through hyper stimulating of the nervous system, preventing it from feeding⁽¹¹⁾. Permethrin is a broad-spectrum synthetic pyrethroid that works similarly to pyrethrin⁽¹⁰⁾. Malathion (derived from Latin and Greek, meaning bad sulfur, referring to this compounds smell) is an organophosphate insecticide. In the louse malathion is converted to malaoxon, which irreversibly inhibits acetyl cholinesterase^(12,13,14). Ivermectin causes an influx of chloride ions across neuronal membranes resulting in paralysis in many types of parasites⁽¹⁵⁾. This therapy is only pediculicidal because for lice to be exposed, they must take a blood meal that contains the drug⁽¹⁶⁾. Trimethoprim /sulfamethoxazole is presumed to work by ridding lice of symbiotic bacteria in their gut⁽¹⁷⁾. The lice presumably die from the lack of B vitamins that the bacteria synthesize⁽¹⁸⁾. Dosing is 10 mg/kg per day based on trimethoprim⁽¹⁹⁾. Given in divided doses, because the drugs half-life is 10.1 hours⁽⁸⁾. Aim of the study To compare the effectiveness of permethrin and trimethoprim/sulfamethoxazole on 1 or 2 courses of various ovicidal and pediculicidal topical therapies.

Patients and methods: A comparative study was done in the out-patient clinic in Baquba teaching hospital and the laboratory of microbiology of Diyala Medical College for the period from ten of January to the fifteen of December 2015. Seventy-five female's patients with *pediculosis capitis* were included in the study, their ages ranged from 3 -60 mean \pm SD 15 ± 8 years. In 40 patients the pediculosis was complicated by secondary bacterial infection. The patients were divided randomly in to three groups, each group consisted of twenty-five patients. Group 1:-The patients were treated by 5% permetherin solution applied for three successive days for 30 minutes for each application and repeated after 10 days as a single application for 30 minutes. Group 2:- Was treated by trimethoprim /sulfamethoxazole tablet or solution according to the age (dosing is 10 mg/kg/day) for 5 days. Group 3:- Was treated by combination of 5% permetherin solution and oral trimethoprim /sulfamethoxazole in similar does to the first and second groups. Swabs were taken from patients with bacterial infection and were cultured on different culture media and submitted to a serial of different biochemical tests for the diagnosis of type of bacteria ⁽²⁰⁾ ,and the cultures were tested for the effects of 5% permetherin and trimethoprim /sulfamethoxazole by using of agar well diffusion method to evaluate their activity as antibacterial agent⁽²¹⁾ .The data were analyzed by using computer to evaluate the P value.

Results: The study revealed that 23(92%) patients of the first group who was treated by 5% permetherin solution, was cleared, 20(80%)patients from the second group who was treated by oral trimethoprim / sulfamethoxazole, also cleared and all the patients in the third group 25(100%) who were treated by a mixture of 5% permetherin topically and oral trimethoprim / sulfamethoxazole were cleared (table-1). Of those who were complicated by secondary bacterial infection 40(60%), 30(75%) the cultures show growth of *Staphylococcus aureus*, 6(15%) *Streptococcus pyogenes* and 4(10%) mixed growth of both Staph and Strep (table-2). The cultures which were tested by 5% permetherin shows no inhibition zone but those cultures which were tested by trimethoprim /sulphamethoxazol shows significant inhibition zone, which means the permetherin solution had no antibacterial effects. The relapsing rate of the pediculosis was zero in the first and third groups ,while in the second group it is 100% because the therapy was not repeated after 10 days where the nits were hatched to larva(table-1) .The comparison of the results between the three groups revealed a significant statistic difference ($p\leq 0.005$),i.e. the combination of 5%permetherin and oral trimethoprim /sulfamethoxazole was more effective than the use of each therapy alone (table-1) and the reparation of each therapy after (8-10) days was necessary to prevent the relapse of the disease.

Table -1 Distribution of patients according to the different groups and response to therapy.

Groups	Number of patients	Response to therapy	Relapse
1	25	23 92%	0
2	25	20 80%	20 100%
3	25	25 100%	0

Table-2 Types of bacteria isolated from culture and effects of different types of therapy.

Type of bacteria isolated	Number of samples	Effect of permetherin	Effect of Tri/Sulfa
<i>Staphylococcus aureus</i>	30 75%	0	25 83.3%
<i>Streptococcus pyogenes</i>	6 15%	0	3 50%
Mix	4 10%	0	2 50%

Discussion:

The present study revealed that the permetherin was ineffective as an antibacterial agent and this is the first study done on this antiparasitic therapy, while this preparation (permetherin) was highly effective against *pediculosis capitis* and the relapse rate when the therapy was repeated after 8-10 days was zero. The combination therapy of permetherin and trimethoprim /sulfamethoxazole shows 100%

clearance of the disease and this combination was not reported in other studies. The trimethoprim /sulfamethoxazole therapy alone was also effective to a minimal degree in comparison with permetherin and combination therapy of both and with high relapsing rate because all these therapies were not ovidical so requiring repeating of the therapy after (8-10) days to kill the hatching larva. In comparison with other studies, the trimethoprim /sulfamethoxazole was more effective in our

study (clearance rate 80%)⁽²³⁾. The efficacy of permethrin in our study was coordinate with other studies ⁽²⁴⁻²⁷⁾, while it is incoordinate with other studies done in U.S.A. and U.K., in which the parasite developed resistance to permethrin, which was not reported in our study ^(2,4,5,28).

Conclusion:

It was concluded that permethrin was ineffective as antibacterial agent but it was highly effective as pediculocidal agent and it was more effective when combined with oral trimethoprim/sulfamethoxazole.

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