

Clinical Investigation of The Role of Tumor Necrosis Factor- α and Other Risk Factors In The Evolution of Breast Cancer in Kerbala City

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Abstract

Background :Breast cancer is the most common malignancy in females worldwide .It is a leading cause of death in women. The tumor markers CEA ,CA 19-9 and CA15-3 and inflammatory cytokine TNF- α were shown to contribute to breast cancer development and metastasis.

Objective: In this study, we wished to determine whether there are associations between these factors along stages of breast cancer progression, and to identify the possible implications of these factors to disease course.

Materials and Methods: Forty female patients with Breast cancer with ages ranged between (29- 68) years were taken from (Al-Hussein Medical City/Kerbala).Control group consisted of 20 healthy people who were free from signs and symptoms of breast cancer who matched in age and gender with patients, and had no history for any cancer problem. TNF- α (TNF- α EASIA Kit, DIA source) was studied using the enzyme-linked immunosorbent assay (ELISA) method, Estimation of CEA,CA19-9 , CA15-3 by Enzyme-linked fluorescence assay (VIDAS. Biomerieux SA/France). T-test, ANOVA and Pearson correlation used to analyze results by using SPSS version 20. P-value ≤ 0.05 was considered significant.

Results: TNF- α ,CEA ,CA15-3 levels increased significantly ($p < 0.05$) in patients compared with control group. But the level of CA19-9 does not show significant increase when compared with control groups.

Conclusion :Significantly correlation of TNF- α , CEA and CA15-3 with breast cancer but there is no significant correlation withCA19-9. So no significant correlation after chemotherapy .

Keyword : Breast cancer, TNF- α ,CEA ,CA19-9,CA15-3.

الخلاصة

خلفية الموضوع :يعتد سرطان الثدي من أكثر أنواع السرطان شيوعاً في العالم ، والذي قد يسبب الموت لدى النساء .هنالك بعض العلامات الخاصة بالأورام مثل المستضد السرطاني المضغي CEA ، البروتين CA 19-9 ، البروتين CA 15-3 وعامل تنخر الأورام نوع ألفا TNF- α والتي قد تساهم في تطور سرطان الثدي وانتشاره.

الأهداف : نأمل في هذه الدراسة أن نحدد فيما إذا كان هنالك ارتباط بين هذه العوامل ومراحل تطور المرض وكذلك التعرف على النتائج المحتملة لهذه العوامل

المواد وطرق العمل: نفذت هذه الدراسة على أربعون (40) حالة نساء مصابات بسرطان الثدي بأعمار تتراوح ما بين 29-68 سنة . جمعت العينات من مدينة الحسين الطبية في محافظة كربلاء . كما شملت الدراسة على عشرون (20) أنثى أصحاء كمجموعة سيطرة وبأعمار تتراوح ما بين (29-68) سنة. استخدمت تقنية الامتزاز المناعي المرتبط بالإنزيم لفحص عامل تنخر الأورام نوع ألفا (TNF- α) ، بينما تم قياس العلامات الدالة على السرطان ، المستضد السرطاني المضغي CEA ، البروتين CA19-9 ، البروتين CA15-3 باستخدام تقنية الاختبار المتطور المرتبط بالإنزيم ، حللت البيانات إحصائياً باستخدام الرزمة الإحصائية SPSS – ANOVA – (person correlation- version 20) و تم مقارنة القيم بواسطة العينة المستقلة (T- test) ، إذا كان مستوى المعنوية اصغر أو يساوي 0,05 مع المقارنة بمجموعة السيطرة فتعتبر عالية المعنوية.

النتائج : أظهرت النتائج ارتفاع مستوى عامل تنخر الأورام نوع ألفا TNF- α ، المستضد السرطاني المضغي CEA ، والبروتين CA15-3 بشكل معنوي عند المقارنة مع مجموعة السيطرة . أما مستوى البروتين CA19-9 فلم يظهر أي فرق معنوي عند المقارنة مع مجموعة السيطرة.

الاستنتاجات : هنالك علاقة معنوية بين عامل تنخر الأورام نوع ألفا TNF- α ، المستضد السرطاني المضغي CEA والبروتين CA15-3 مع سرطان الثدي . لكن لم تكن هنالك علاقة معنوية مع البروتين CA19-9 مع سرطان الثدي . كذلك لم تكن هنالك علاقة معنوية لهذه العوامل مع المرض بعد إعطاء العلاج الكيماوي.

الكلمات المفتاحية: سرطان الثدي ، عامل تنخر الأورام نوع ألفا ، مستضد سرطاني مضغي CEA ، بروتين CA19-9، بروتين CA15-3 .

Introduction:

Breast carcinoma is the most common malignancy in females worldwide (Siegel *et al.*, 2014). It is a leading cause of death in women (Sin ghai R *et al.*, 2011). Cytokines constitute a diverse group of proteins comprising hematopoietic growth factor, interferons, lymphokines and chemokines (Romagnani, *et al.*, 2004). Tumor necrosis factor (TNF)- α is a key cytokine involved in inflammation, immunity, cellular homeostasis and tumor progression. It was first identified as an anti-tumor cytokine accompanied by serious toxicity involving in the innate and adaptive immune system. (Balkwill, 2009).

The association of inflammation and cancer has been well recognized in many types of cancer and inflammation has been regarded as the 'seventh hallmark of cancer' (Mantovani *et al.*, 2008, Mantovani, 2009). Accumulating evidence has shown that TNF- α is a key mediator of inflammation and cancer (Sethi *et al.*, 2008, Balkwill, 2009). TNF α is a special interest because of reports showing that under specific circumstances it may have cytotoxic and anti-tumor effects in several malignant diseases (Bertazza, 2008). Furthermore, the chronic expression of TNF- α in breast tumors has been demonstrated to be correlated with lymph node involvement, suggesting the role of TNF- α in enhancing tumor cell metastasis (Leek, 1998). Moreover, it has been observed that breast cancer patients with elevated levels of TNF- α in the circulation have a poor prognosis. TNF- α thus constitutes a useful biomarker in cancers (Ferrajoli *et al.*, 2002 and Garcia-Tunon *et al.*, 2006). The most widely used serum markers in breast cancer are cancer antigen 15-3 (CA15-3) and carcinoembryonic antigen (CEA). Although CA 15-3 and CEA are not currently recommended as markers for breast cancer screening or therapeutic response monitoring according to the American Society of Clinical Oncology guidelines, CA 15-3 and CEA are the markers most widely used for surveillance purposes and monitoring of treatment response in clinical practice. (Harris *et al.*, 2007). CA 15-3 is the most frequently used tumour marker in invasive breast cancer. Despite poor prognosis associated with an initially high value, scientific societies have not yet recommended its determination in the initial evaluation as regards the extent of disease (Sturgeon *et al.*, 2008).

Patients and Methods

Selection of patients

During the period 1/June/2014 to 1/November/2014, forty female patients with breast cancer with ages ranged between (29-68) years were taken from (Al-Hussain Mediacal City/Kerbala). Control group consisted of 20 healthy people who were free from signs and symptoms of cancer who matched in age and gender with patients, and had no history for any breast problem.

Sample collection and assay procedure

Blood sample (5ml) was collected left at room temperature and then centrifuge for 15 min. at (3000 RPM). Serum was then separated and freeze until time of analysis. Estimation of CEA, CA19-9, CA15-3 9Vidas (Biomerieux SA/France), TNF α ELISA kit (Cusabio/China) in serum using commercially available and performed as recommended in leaflet with kit

Statistical Analysis : Results are expressed as mean \pm standard error, mean (SEM), student t-test, ANOVA and Pearson correlation used to analyze results by using SPSS version 20. P-value ≤ 0.05 was considered significant.

Results

A total of forty female patients with breast cancer are divided into two groups according to the age (29-45) yrs 13 (32.5% 13 out of 40 cases), and age ($>$ 45) yrs 27 (67.5% 27 out of 40 cases). The distribution of patients according to pathological evaluation was as followings: Three stages (I, II, III) were 19 (47.5%), 11 (27.5%), 10 (25%) respectively table 1.

Table1: Identification of information of patients with breast cancer.

| Variable | No. | Percentage(%) |
|--------------------------|---------------------------------|---------------|
| Total number of patients | 40 | 100 % |
| Age groups | 29-45 | 32.5 % |
| | • 45 | 67.5% |
| Stage | I | 47.5% |
| | II | 27.5% |
| | III | 25.0% |
| Drug | treated With Chemotherapy | 37.5% |
| | No treated with Chemotherapy | 62.5% |

The distribution of cases and controls according to the presence of risk factors is depicted in (Table 2) . The cases had a higher age at marriage as compared to the controls; however, the difference was statistically significant. The mean duration of breast feeding in cases and controls was 14 ± 5.78 and 20 ± 3.56 months, respectively ($P < 0.023$). However, the cases had a significantly higher number of abortions (1.68 ± 1.0) as compared to the controls (0.9 ± 1.0). There was a statistically significant difference in the mean age of menopause of cases and controls with cases attaining menopause at a late age (50.64 ± 4.21) as compared to the controls (47 ± 1.46) years.

Table 2: Distribution of risk factors in control and patients with breast cancer .

| Risk Factors | Mean \pm SD ($n=60$) | | Sig |
|--|--------------------------|------------------|-------|
| | Breast cancer cases (40) | Controls (20) | |
| Age | 47 ± 10.31 | 47 ± 10.7 | 0.67 |
| age at a marriage (per year) | 21.48 ± 4.84 | 16.95 ± 3.18 | 0.04 |
| Age at menopause | 50.64 ± 4.21 | 47 ± 1.46 | 0.046 |
| Breast feeding duration (per months) | 14 ± 5.78 | 20 ± 3.56 | 0.023 |
| Number of abortion | 1.68 ± 1.0 | 0.9 ± 1.0 | 0.033 |

Serum CEA ,CA 15-3, and TNF- α were estimated in 40 patients compare with 20 healthy control ,these parameters increased significantly ($P < 0.05$) in patients compare with control groups ,while no significant correlation in CA19-9 (table 3).

Table 3: Distribution of CEA,CA15-3,CA19-9,and TNF- α in control and patients with breast cancer .

| | g | N | Mean \pm Std.Deviation | sig |
|---------------|----------|----|-----------------------------|------|
| CEA | Control | 20 | .733 \pm .1798 | 0.00 |
| | Patients | 40 | 5.750 \pm 5.6599 | |
| CA 15-3 | Control | 20 | 5.919048 \pm 3.7588055 | 0.00 |
| | Patients | 40 | 72.686000 \pm 19.2836384 | |
| CA 19-9 | Control | 20 | 1.704762 \pm 1.3328451 | 0.19 |
| | Patients | 40 | 1.797500 \pm 1.1741855 | |
| TNF- α | Control | 20 | 80.966667 \pm 12.8720757 | 0.01 |
| | Patients | 40 | 190.200000 \pm 48.4690491 | |

While table 4 showed no significant differences in CEA ,CA 15-3,CA19-9and TNF- α when compare between the patients were treated with or without chemotherapy drugs as in(Table 4).

Table 4: Distribution of tumor markers in patients according to chemotherapy .

| | chemotherapy | N | Mean Std. Deviation | <i>P</i> value |
|---------------|------------------|----|-----------------------------|----------------|
| CEA | Non Chemotherapy | 25 | 5.092 \pm 5.6454 | 0.763 |
| | Chemotherapy | 15 | 6.847 \pm 5.7045 | |
| CA 15-3 | Non Chemotherapy | 25 | 74.564000 \pm 18.7945444 | 0.336 |
| | Chemotherapy | 15 | 69.556000 \pm 20.3359754 | |
| CA 19-9 | Non Chemotherapy | 25 | 2.036000 \pm 1.1614933 | 0.709 |
| | Chemotherapy | 15 | 1.400000 \pm 1.1212238 | |
| TNF- α | Non Chemotherapy | 25 | 221.252000 \pm 32.7631414 | 0.716 |
| | Chemotherapy | 15 | 172.866667 \pm 35.1434340 | |

The correlation between the parameters in patients was shown in (table 6) the results revealed a strong correlation ($p < 0.05$) between TNF- α and CEA. while there is no significantly correlation ($p < 0.05$) found in the studying parameters in patients

Table 6: Correlation between parameters in patients with breast cancer

| | | CEA | CA 15-3 | CA 19-9 | TNF- α |
|---------------|---------------------|--------|---------|---------|---------------|
| CEA | Pearson Correlation | 1 | -.113- | .146 | .363* |
| | Sig. (2-tailed) | | .488 | .369 | .021 |
| | N | 40 | 40 | 40 | 40 |
| CA 15-3 | Pearson Correlation | -.113- | 1 | .184 | -.116- |
| | Sig. (2-tailed) | .488 | | .255 | .475 |
| | N | 40 | 40 | 40 | 40 |
| CA 19-9 | Pearson Correlation | .146 | .184 | 1 | .183 |
| | Sig. (2-tailed) | .369 | .255 | | .259 |
| | N | 40 | 40 | 40 | 40 |
| TNF- α | Pearson Correlation | .363* | -.116- | .183 | 1 |
| | Sig. (2-tailed) | .021 | .475 | .259 | |
| | N | 40 | 40 | 40 | 40 |

There were no significant correlation of tumor markers in patients according to the stages of disease and show increasing of CEA, CA15-3,CA19-9 and TNF- α values at stage 1(30.184 \pm 16),stage3(71.6 \pm 13),stage3(40.1 \pm 17) and stage 2(203.8 \pm 50).

Table 7: Stage level of CEA,CA15-3 ,CA19-9and TNF in patients with breast cancer.

| | stage | N | Mean± Std. Deviation | P value |
|---------------|-------|----|-----------------------|---------|
| CEA | 1 | 19 | 30.184±16.2973 | 0.154 |
| | 2 | 11 | 7.718±4.7159 | |
| CA 15-3 | 1 | 19 | 71.426316±18.0827064 | 0.657 |
| | 2 | 11 | 71.276364±25.7928158 | |
| CA 19-9 | 1 | 19 | 14.210526±18.0483577 | 0.379 |
| | 2 | 11 | 22.172727±9.8236542 | |
| TNF- α | 1 | 19 | 188.568421±54.3315343 | 0.657 |
| | 2 | 11 | 203.845455±50.0746316 | |
| CEA | 1 | 19 | 30.184±116.2973 | 0.159 |
| | 3 | 10 | 10.610±3.8530 | |
| CA 15-3 | 1 | 19 | 71.426316±18.0827064 | 0.197 |
| | 3 | 10 | 71.610000±13.5733767 | |
| CA 19-9 | 1 | 19 | 14.210526±18.0483577 | 0.720 |
| | 3 | 10 | 40.190000±17.4460725 | |
| TNF- α | 1 | 19 | 188.568421±54.3315343 | 0.439 |
| | 3 | 10 | 178.290000±33.1566802 | |
| CEA | 2 | 11 | 7.718±4.7159 | 0.108 |
| | 3 | 10 | 10.610±3.8530 | |
| CA 15-3 | 2 | 11 | 71.276364±25.7928158 | 0.296 |
| | 3 | 10 | 71.610000±13.5733767 | |
| CA 19-9 | 2 | 11 | 22.172727±9.8236542 | 0.147 |
| | 3 | 10 | 40.190000±17.4460725 | |
| TNF- α | 2 | 11 | 203.845455±50.0746316 | 0.109 |
| | 3 | 10 | 178.290000±33.1566802 | |

Discussion:

In the current study ,the age of cases and controls were between 29 to 68 years of age. **Ozmen et al ., 2009** conducted a similar study with the cases and controls between 18 to 70 years of age. Also conducted a similar study with study population between 20 to 65 years age group. **Hussain et al., 2010** .In the present study maximum numbers of subjects (67.5%) were observed above 45 years of age group. The average age of the cases was 47 years (SD 10.31) and that of controls was 47 years (SD 10.7), similar findings were noted in the study conducted by (**Meshram; et al., 2009**)., the study reported most of the patients between 40 to 49 years of age with the average age of 48.4 years for cases. (**Abbasi et al ., 2009**) reported average age of cancer cases 47.49 years in a similar study conducted Iran. The present study reported 32.5% of the cases with less than age 45 years.

Now due to globalization and adoption of western life styles, Iraqi women are marrying late, not having first child birth at an early age and also not using breast feeding for long time. These are the risk determinants of breast cancer as evident in many studies **Rao et al., 2005, Grindel et al., 2004**). Risk factors of breast cancer are manifold. There is difference between risk determinants and risk modulators whereas determinants cannot be influenced, risk factor modulator can be. On assessing the risk determinants it was found that 1/3rd of women had delivered at age more than 30 years . These findings concurred with that of other studies. (**Alkhasawneh ,2007 and Yaren et al ., 2008**).

The breast cancer cases attained a late age of menopause as compared to the controls. (Marubini E; *etal* 1988) Other studies have also reported increase in risk with late age at menopause. (Toniolo PG; *et al* 1995)

The present study revealed that the breast cancer cases had lower mean duration of breast feeding (14 ± 5.78 months) as compared to controls (20 ± 3.56). Studies conducted in different countries have also reported similar findings (Tryggvadóttir *et al* .,2001 ,Chang-Claude *et al*., 2000)

The history of abortions was found to be significantly higher in breast cancer cases as compared to controls. Results of other studies are agreement and reported an increase in risk with induced abortion (Lipworth L; *et al*1995)

TNF- α is a major regulator of the inflammatory response through inducing the expression of other pro-inflammatory and chemotactic cytokines and adhesion factors. TNF- α is also produced by neoplastic cells or cells in the tumor microenvironment and can act as an endogenous tumor promoter. In normal breast tissue, TNF- α regulates cell proliferation through its pro-apoptotic effects, but in breast cancer, the inhibition of the apoptotic pathway and the enhancement of the survival and proliferation effects contribute to tumor cell proliferation (Garcia-Tunon *et al*.,2006).

Numerous studies have linked TNF- α to breast cancer progression .As a result, the mechanisms by which TNF- α promotes breast cancer have been recently explored using both *in vitro* and *in vivo* models. Similarly a prospective study was conducted on forty patients with invasive breast cancer and their serum concentration of TNF- α were found to be elevated (Moore *et al*.,1999 , Pikarsky *et al* .,2004) studied the role of TNF- α polymorphism and its levels in breast cancer .Number of studies have explored the role of TNF- α in relation to an increased risk for cancer. Among them, most case-control studies have shown a higher cancer risk in people with elevated TNF- α levels.

Previous studies have shown that CA 15-3 is the most sensitive tumor marker in breast cancer disease [Guadagni *et al*.,2001 , Loprinzi *et al*., 1986). The current study confirms this finding. Recent literature suggests there is a modest advantage of performing tumor markers other than CA 15-3 in metastatic breast cancer. Our study found elevation of another tumor markers (CEA and/or CA19-9).

Although controversial, there are accumulating data that support our finding that elevated tumor markers are associated with a worse prognosis (Sturgeon *et al*., 2009).

Conclusion : Significant correlation of TNF- α , CEA and CA15-3 with breast cancer. But there is no significant correlation for CA19-9 . So no significant correlation after chemotherapy

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