

**Seroepidemiological study of kala azar among adults in**

**Al- Anbar governorate.**

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**Collage of medicine, Diyala Uneversity**

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**Abstract**

Kala azar is endemic in parts of Iraq. A seroprevalence study was carried out in the adults in AL-Anbar governorate. Serum samples were taken from 202 adults from both sexes between 18-73 years old from different areas in AL- Anbar in the period from January to December 2008 and by using immune chromatographic strip test. There was no significant difference in sero positivity between the sexes (9.9% males & 11.9% females). The highest rate of infection (3.46%) was in the age group 24-30 years, among all seropositivity visceral leishmaniasis cases included in this study, the highest frequency of visceral leishmaniasis was reported in July 7 cases (2.9%). Further studies are needed to explore the reservoirs and vectors of the disease in this region.

### Introduction

Visceral leishmaniasis caused by *Leishmania donovane* and transmitted by bite of infected sand fly ( *Phlebotomus* spp ) . Half of the visceral leishmaniasis cases occur in the children[1]. Although the insect vector is the route of transmission , other exceptional routes such as direct dog to dog , tick bite , blood transmission , sexual transmission and congenital transmission[2,3] . It is conceivable that factors such as migrations due to socio-economical problems & easy travel have made the spread of disease from one place to another easy [ 4 ] . In addition to human visceral leishmaniasis is also found in animals as reservoir host for that concentrated in small rural localities [ 5 ] . Visceral leishmaniasis is a chronic disease characterized by persisting of fever , weight loss , hepatosplenomegaly & anemia [ 6 ] visceral leishmaniasis is a fatal disease , death occurred in 27% . of cases which left without treatment [7,8]. The rates of infection with visceral leishmaniasis in Iraq & other countries were as the following :- In Iraq Basrah 25.8% – [9] , Baghdad 29%- & Wasit 47.8% . [10] . In Kuwait ( 6.5% ) [11] , Turkey 7.4%. [12], In Iran 8.2%. [13], Africa 60% [14] .

#### The aim of the study

- 1- To investigate the prevalence of visceral leishmaniasis among adults in Al-Anbar governorate.
- 2- To evaluate possible effect of age, gender and season on the epidemiology of disease .

### Material & methods

In Bios kala azar rapid strip test is a qualitative membrane for the detection of antibodies to visceral leishmaniasis in human serum .

The membrane is recoated with rk<sub>39</sub> on the test line region and chicken anti-protein A on the control line region. During testing the serum sample reacts with the dye conjugate (protein A colloidal gold conjugate) which has been precoated in the test device. The mixture then migrates up ward on the membrane chromatographically by capillary action to react with recombinant visceral leishmaniasis antigen on the membrane and generates a red line , Presence of these red line indicates a true result while absence indicates a negative result . Allow the sera to reach room temperature prior to testing . Add 20ML of sera to the test strip in the area beneath the arrow place the test strip into a test tube and add 150ML of the chosen

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buffer solution provided with this test kit. Read the result in 10 minute , the test is positive when a control line test line appear in the test area . A positive result indicates that the kala-azar dipstick detested antibodies to membrane of leishmaniasis. The test is negative when only the control line appears.

### Results

The positive cases of kala- azar was 22 ( 10.9% ) of 202 of total cases as shown in table -1-

**Table -1-The frequency of kala-azar cases**

Kala-azar cases	Frequency	Percent %
Positive	22	10.9
Negative	180	89.1
Total	202	100

The highest Frequency of Positive cases was found in the age group 24-30 years as shown in the

**Table-2- The Frequency of anti kala-azar Abs**

Age group	Cases	Total anti kala-azar Abs	
		Positive	Negative cases
18-23	42(20.79%)	2( 0.99% )	40 ( 19.8% )
24-30	55( 27.22% )	7( 3.46% )	48( 23.7% )
31-36	48( 23.76% )	4( 1.98% )	44( 21.78% )
37-42	34( 16.83 % )	5( 2.97% )	28(13.86% )
43-48	13( 6.43% )	2( 0.99% )	11( 5.44%)
49-54	7( 3.43% )	2( 0.99% )	5( 2.47% )
55-61	2( 0.99% )	0( 0.0% )	2( 0.99% )
62-67	0( 0.98% )	0( 0.0% )	0( 0.0% )
68-73	1( 0.49% )	0( 0.0% )	1( 0.44% )
Total	202	22	180

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Table-3- Describe of anti kala- azar relation with age group and gender

Age group	Male		Female		Total
	+Ve	Percent	-Ve	Percent	
18-23	1	0.49%	1	0.49	2
24-30	3	1.48	4	1.98	7
31-36	2	0.99	2	0.99	4
37-42	2	0.99	3	1.48	5
43-48	1	0.49	1	0.49	2
49-54	1	0.49	1	0.49	2
55-61	0	0	0	0	0
62-67	0	0	0	0	0
68-73	0	0	0	0	0
Total	10	4.93%	12	5.92	22(10.9%)

Table-4- The distribution of Kala-azar with month

Mounth		January	February	March	April	May	June	July	August	September	October	November	December	Total
Anti Kala-azar	+Ve	0	0	1	2	1	5	6	4	3	0	0	0	22
	-Ve	3	11	10	6	19	28	27	20	20	19	15	2	180
Total		3	11	11	8	20	32	33	24	23	19	15	2	202

### Discussion

Serum samples were examined using dipstick rk39 , the positive cases of visceral leishmanias is was 22(10.9%) of 202 , this percent agreement with rate of infection in Abu-Al- Khassib (10.1%) [9] & Iran ( 8.2%)[13] & disagreement with Africa ( 60%)[14] and other studies may be because the environmental conditions such as nutrition factors & adaptation of the vector sand fly in these area ...etc.

Among sero- epidemiological studies – although the highest seropassivity was in age groups 24-30 years (3.46%) , there were no significant differences between different age groups , this is agreement with the study in Iran (3.1%) [15] , this result may be because the way of life of the inhabitants , such farming keeping guard dogs & a nomadic life style , might account for such ahigh prevalence of visceral leishmaniasis in the region .

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There was no significant differences ( $p>0.05$ ) in the frequency of the disease between males & females this is agreement with more studies such as in Basrah [9] & disagreement with Ardabil province which boys in there studies was 56.4% of kala azar [16].

Seasonal variation was observed in the study . Among all zero positivity visceral leishmaniasis cases in this study the highest Frequency of visceral leishmaniasis was reported in July 6 cases (27.2%), while the lowest number of cases was reported in October cases (0%) this results agreements with the study in Basrah [9] , while disagreement with the study in Iran [13] , may be because the variation in the environmental condition such as temperature which is the main factor in the epidemiology of disease.

### Conclusion

Presence of kala-azar in Al-Anbar governorate especially in the age group 24-30 years .

### Recommendation

- 1-Study about presence the parasite in the insect in this region and species of vector.
- 2-Study about genotype of disease.

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